

Guidebook for Casa ♡ Della



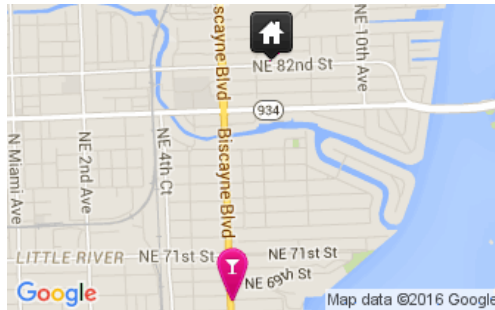
Casa ♡ Della
 724 Northeast 82nd Street
 Miami, FL 33138
 United States

 Bars

Balans

6789 Biscayne Boulevard Miami, FL 33138

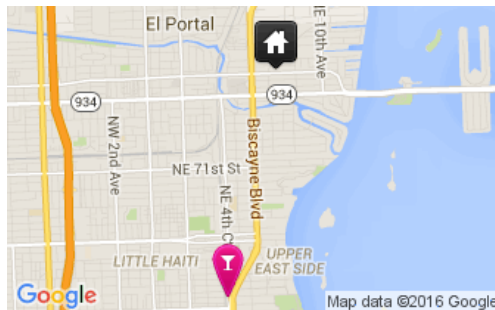
One of several Balans the Miami and Beach area, it is known for its hearty brunches but serves at all hours. It is a great option if you can't get into Blue Collar across the street.



Soyka

5556 NE 4th Ct Miami, FL 33137

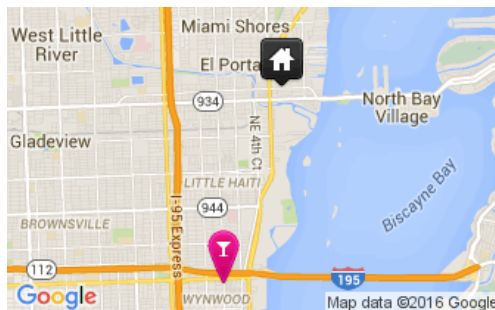
Besides the live jazz and the thriving air...This romantic but vibrant spot is perfect date night. There is a great vibe here and is a pioneer in the restaurants of the area. In fact Mark Soyka is a founding father in the area and that is why I love it here too. He was the owner of News Cafe on SoBe and the iconic Lincoln Road's Van Dyke has his signature. Kudos to him and to this spot that has endured.



Bardot

3456 North Miami Avenue Miami, FL 33127

Cool vibes and a great spot for some music and mingling. Enter through the back with ample parking.

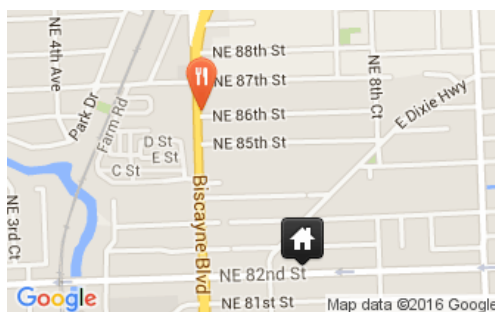


 Coffee

PINCH kitchen

8601 Biscayne Blvd. Miami, FL 33138

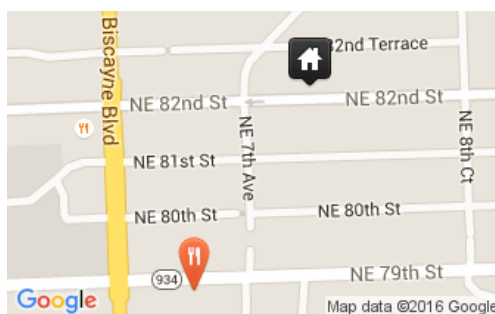
New American Cuisine. According to Zagat: Two chef buddies who sharpened their chops at L'Echon Brasserie bring their "freestyle" culinary approach to this MiMo locale, serving a New American menu that plays on Asian, Italian and Spanish flavors, plus eclectic craft beers and wines. Wood tables and a rustic feel.



Choices Cafe

646 NE 79th St Miami, FL 33138

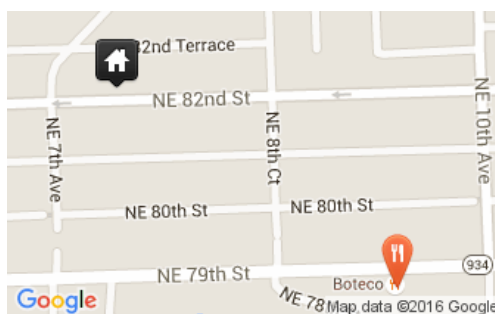
Organic Vegan. One of several locations and counting, I can say "I knew Alex when" he and his brother started the first of these magical organic/vegan eateries offering only pancakes for breakfast in a little yellow building around the corner from where I taught yoga and in the place Dionetta launched a vegan revolution that he continued after she left us all here on earth and now I am reunited again with my favorite Insane Messican and what? right around the corner!



Boteco

916 Northeast 79th Street Miami, FL 33138

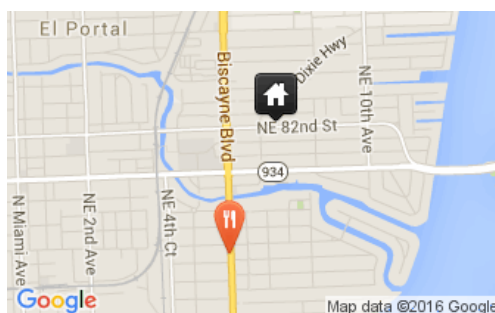
Totally Brazzuca vibe. Best place to stop off for meat on the way back from the beach and especially when the World Cup is playing. I am a vegan so I stick to veggies here when I come with my carnivore friends.



LOBA Restaurant

7420 Biscayne Blvd Miami, FL 33137

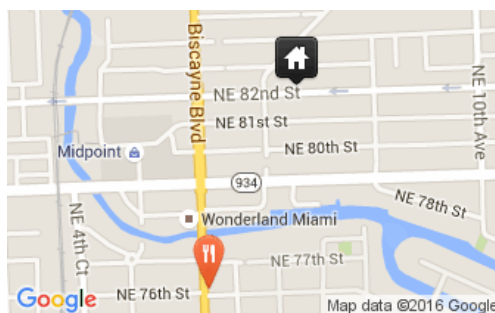
Latin American taken up a notch. There is a Southern slant to their rich dishes to enjoy in the rustic aura surrounded by book-lined walls.



Gourmet Station

7601 Biscayne Boulevard Miami, FL 33138

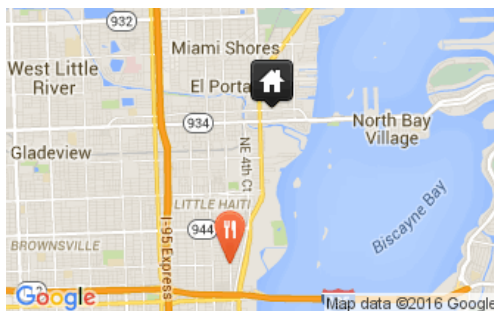
Sandwiches! They deliver their amazing wraps and sandwiches and are so accommodating and vary their menu on a daily basis with a veggie of the day.



Buena Vista Bistro

4582 Northeast 2nd Avenue Miami, FL 33137

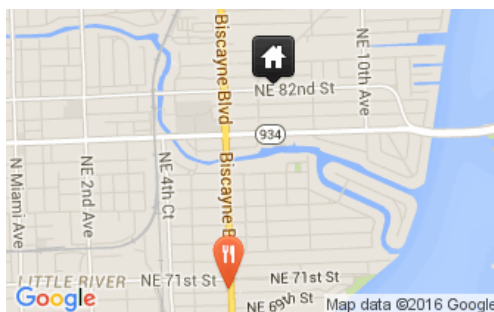
A lovely French cafe serving delightful and authentic cuisine both light and also rich. And relish in their coffee.



Organic Bites

7010 Biscayne Blvd Miami, FL 33138

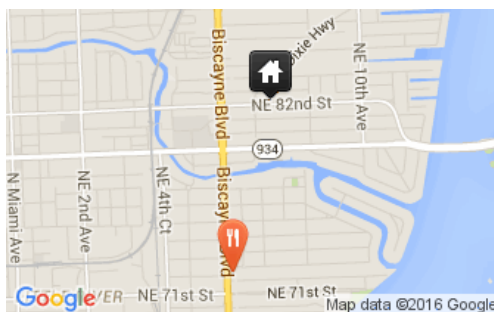
Why do I recommend it? Because it is organic and the character of the neighborhood. You will love it... you can order for pick up too.



Jimmy's Eastside Diner

7201 Biscayne Boulevard Miami, FL 33138-5118

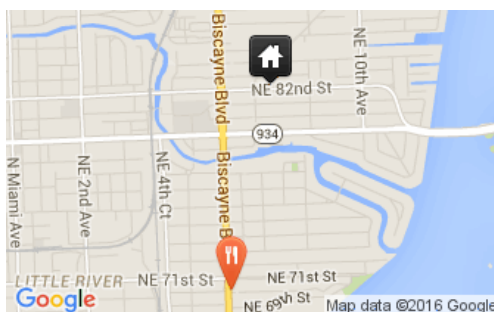
It has been here for decades, owned by Greeks of course it is a bastion for the hood. You will even see local police dining here frequently. You don't know anything about Miami old school if you haven't eaten breakfast here at least once. End of conversation.



Lo De Lea Argentinean Grill

7001 Biscayne Boulevard Miami, FL 33138

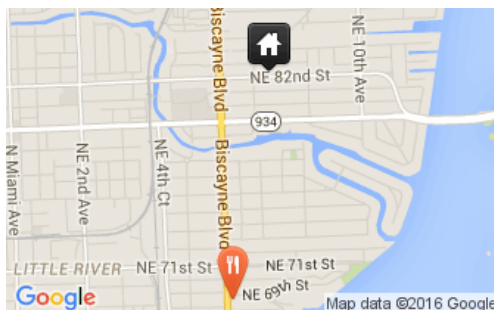
One of the pioneers in the area, they used to have a quiet outdoors area, now not sure but they still offer up straight laced Argentine parilladas with all the sides and desserts you would have at the family asado on Sunday back in Moron... or in my case Vicente Lopez when I ate meat.



Cena by Michy

6927 Biscayne Blvd Miami, FL 33138

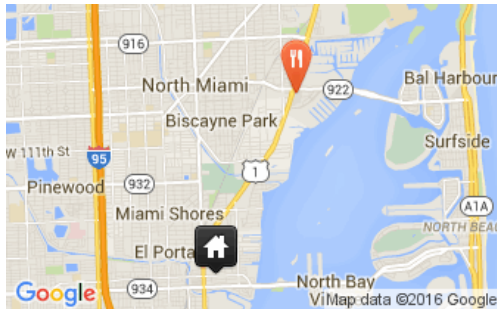
This is another initiative by the God Mother of Miami Cuisine, Michelle Bernstein. She has been a pioneer in the area as well and this spot which opened I want to say a decade ago... is just as delightful as her other spots always proved to be.



Steve's Pizza

12101 Biscayne Boulevard North Miami, FL 33181-2711

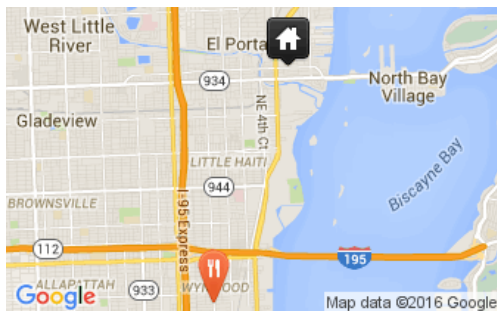
Best hole in the wall pizza that made it big. Original location right here. Best to take out...



Joey's Italian Cafe

2506 Northwest 2nd Avenue Miami, FL 33127-4306

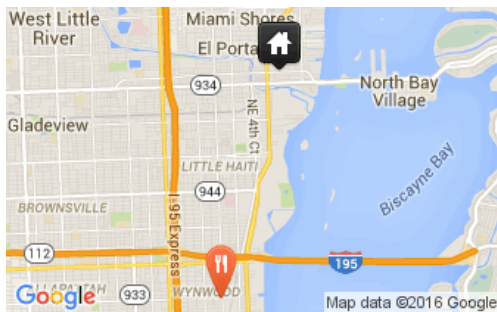
Now we are in the heart of Wynwood and one of the founding bistros that started it all. They used to have the best pizza back in the day before JayZ and Beyonce ate here. On the same block where Wynwood Walls is housed both linked to the imitable and founding father of the art district here in Miami and before in SoHo... This is a legacy left by Tony himself. Let the legend live on.



Jimmy'z Kitchen Wynwood

2700 North Miami Avenue Miami, FL 33127

One of now 4 locations this one is Wynwood I believe the original. Chef/owner Jimmy Carey came here from Brasserie Le Coze in Atlanta. He has earned his stripes and is said to serve up the best mofongo in Miami.



GK Bistronomie

218 NW 25th St Miami, FL 33127

It is molecular, it is sculptural, it is Peruvian? Its a bistro for gastronomy and enjoying the exhibition-style kitchen, indoor-outdoor bar while sipping pisco libations, and an outdoor courtyard to nosh on your ceviche and yuzu.



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Via Verdi Cucina Rustica

6900 Biscayne Blvd Miami, FL 33138

Used to be Uva 69 was located here with a hair salon on the second floor. This popular place serves Italiano but I can not vouch for the quality.



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Fiorito

5555 NE 2nd Ave miami dade, FL 33137

Argentine Brothers Maximiliano, Cristian Alvarez and Sebastian Cardona opened this in 2012. It is typical authentic Argentine Parillada fare and rustic to the core. If they serve Quilmes beer they are a friend of mine.



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Thea Pizzeria and Café

1951 NW 7th Ave Miami, FL 33136

Because the amazing decor, because Thea, as a partner of the late Tony Goldman and ran the iconic Joey's in Wynwood serving up the best pizza in the area- knows how to serve up elegance and informal at once. Because it has a beautiful air about it and delicious food.


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Andiamo! Brick Oven Pizza

5600 Biscayne Boulevard Miami, FL 33137

Because it is the best pizza in this hood and has more than 30 varieties and more than a decade maybe to prove it. It is housed in a unique architectural building- the classic MiMo style. Years ago they used to have a car wash while you ate now watch a flick on the screen. Love the vibe here. Great for kids, Mostly outdoor seating.


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Wynwood Kitchen & Bar

2550 Northwest 2nd Avenue Miami, FL 33127-4306

It is now what remains of the Goldman legacy. Good food and good drinks, it was a great place to hang out now everyone goes here. So come to see works by street creed both in and outside the walls including: AIKO, AVAF, B.CRYPTIK / DALEAST, FAFI, FAILE / BÄST, FUTURA2000, HOW & NOSM, KENNY SCHARF, LADY PINK, LOGAN HICKS, MAYA HAYUK, MISS VAN, NEUZZ, OS GEMEOS, PETER TUNNEY P.H.A.S.E 2, POSE & REVOK, RETNA, RON ENGLISH, RYAN MCGINNESS, SANER & SEGO SHEPARD FAIREY, SWOON, TRISTAN EATON, ALEXIS DIAZ, CASE CLEON PETERSON, CRYPTIK, DALEAST


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Cote Gourmet

9999 NE 2nd Ave Miami Shores, FL 33138

A nice excuse to go off the beaten path into the suburbs of Miami Shores. A quaint easy to reach French restaurant with simple elegant dining at good prices.


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Plant Food + Wine

105 NE 24 Miami, FL 33137

I have been to the Sacred Space and know the founding owner and so many people who have come through this gorgeous space and now Matthew Kinney of the Venice fame has opened a culinary school and this is his sleek healthy eatery for uplifting vegan fare & organic wine and out door eating.


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Mandolin Aegean Bistro

4314 Northeast 2nd Avenue Miami, FL 33137-3426

Another old time pioneer of the 2nd avenue restaurant row. Used to be you could walk in without knowing anyone and get a table, back in the day after yoga you would sit at your friend's table who would wait on you and bring you extra pita.... It is now a helluva time to get in. There are few and far between Aegean eateries in the area I guess.


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Gigis Midtown Barbecue

3452 North Miami Avenue Miami, FL 33127

This spot was a success from the get go and still is thriving. Great tapa style dishes. Sit at the exhibition kitchen and watch the show go on behind the bar. Modern Asian-fusion diner providing music, beer & an eclectic menu of tapas until the wee hours.



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Michael's Genuine Food & Drink

130 Northeast 40th Street Miami, FL 33137

One of the few eateries in the once desolate Design District and of all the other trendy ones it is one of the few to have survived. And is still a top place to grab a good meal, if you can get a table.



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 Kid-Friendly

Jungle Island

1111 Parrot Jungle Trail Miami, FL 33132

A delightful day out in the jungle watching the flamingoes, parrots and other fauna and flora in this man made paradise. The kids will love it and so will you.



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Miami Children's Museum

980 Macarthur Cswy Miami, FL 33132

Fun and exciting place for the kiddos. Right across from the Port of Miami and near Jungle Island. They will have a full out time here.



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 Stores

Russian Store

683 NE 79th St Miami, FL 33138

Market for all things Ruski. AKA MARKYs, Russian Store, and La Cave Gourmand you will love the selection of cheeses, caviar, teas, cookies, champagne and other delicacies from not only the East but also other parts of Europe.



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Lincoln Road Mall

904 Lincoln Road Miami Beach, FL 33139

This is where the traditionally extravagant local fauna would come to see and be seen. It is the pedestrian walk de resistance. It is becoming an outside mall however as the more unique venues close down and the likes of Starbucks, Apple and Gap have moved in... Go here for Halloween for sure and for drinks, dinner, people watching, bar hopping, ice cream, shopping and just a stroll after dark.



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The Shops at Midtown Miami

Northwest 36th Street Miami, FL 33127

Over the past 5 years Midtown has absolutely boomed. Literally when I arrived back to Miami in 2007 this place was not even on the map. Now, it is all about crowds and throngs come out to do their shopping, dining, people watching, there are yoga studios, hair/nail salons, Target, Marshalls, furniture stores, tapas, kiosks, the list goes on and I didn't even get to the awesome restaurants (see individual listings) or the Art Miami Basel Week where they hitch up tents and Miami goes ballistic over all things artistic. So basically you have no need to venture farther for all things cool or bargain or trending, it is all here in Midtown, but you will want to keep heading south to Wynwood.



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 Groceries

Whole Foods Market

12150 Biscayne Blvd North Miami, Florida 33181

The closest and one of the nicest and newest health markets in the area they even have a farmer's market weekly. Inquire on their special talks and workshops.



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Publix Super Market at Miami Shores

9050 Biscayne Boulevard Miami Shores, FL 33138-3222

Another good option as they have an ever growing organic section. Just stick to the outside aisles.



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The Honey Tree

5138 Biscayne Boulevard Miami, FL 33137

Owned and operated by same owner and her mom they have daily lunch buffets. A great pit stop for healthy and yummy food. It is basically a health food store from like the 80s look and feel. No way they are going to remodel this place or even switch out the lawn chairs, it would lose its lackluster charm. But we come here for the vibe, the old school health food ambiance.



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 Arts and Entertainment

Olympia Theater

174 E Flagler St Miami, FL 33131

My recommendations are basically based on my personal experience and relationship with these places. So it is natural I would include the Grand Ole Olympia. This ole gal, I used to serve on the Board of this Scenic theater and historic for Miami. It is the home of the Miami Intl Film Festival, where I also served time and survived (happens in March if you are around). Must visit here for the place itself but also for the performances.



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Adrienne Arsht Center for the Performing Arts

Miami, FL 33132

Miami's beautiful performance center for concerts, ballet, opera, comedy, kids shows, you name it. They have valet that runs impeccably. There is a coffee shop for a quick bite or dine at the restaurant which used to be Barton G now Brava! You are literally 10 minutes away from a great show, so you could even Uber it.



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AmericanAirlines Arena

601 Biscayne Boulevard Miami, FL 33130

This is the home of The Heat. That is why I recommend it. Must experience the thrill of this arena at least once during your visit.



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Pérez Art Museum Miami

1103 Biscayne Boulevard Miami, FL 33130

The former Miami Art Museum now housed in this amazing building designed by the Starchitect firm Herzog de Meuron is a total must on your visit here. I wont give a spoiler alert I just will tell you to go. Go.



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New World Symphony

500 17th St Miami Beach, FL 33139

Ok, so it is across the bridge in Miami Beach, but take the 79 street causeway and take a right... so close. It is our pride and joy and a wonderful venue for cutting-edge performances and a variety of free and excellent activities. Must see the venue and the outdoor park area as well as the rooftop to fully enjoy what Michael Tilson Thomas has conjured up here.



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O Cinema Miami Shores @ MTC

9806 Northeast 2nd Avenue Miami Shores, FL 33138

A delightful Art House Cinema, that had its inception in Wynwood and now is all over the place. You will love it and so close by.



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O Cinema Wynwood

90 Northwest 29th Street Miami, FL 33127

The original O Cinema and quaint Art House for amazing productions you may not see anywhere else. It is a good excuse to grab a bite in Wynwood and a show after visiting the galleries.



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 Other

Lemoni Cafe

4600 NE 2nd Ave # 8 Miami, FL 33137

Maria Eugenia and Asia established this place as an amazing hub once in the middle of nowhere and now in the middle of a growing good-vibe neighborhood. Great vegan fare and regular carnivore dishes... yes you will make this a place to frequent. Try their pizzeria next door too. So proud of them :)



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Buena Vista Deli

4590 Northeast 2nd Avenue Miami, FL 33137-3430

Same French owners who run the Bistro, this is the more accessible lunch style spot with delicious bread and coffee and other French delicacies.



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Miami Beach Iyengar Yoga Center

1218 Normandy Dr Miami Beach, FL 33141

Iyengar Yoga, right over the causeway you can reach it by car or bike.



Vagabond Hotel Miami

7301 Biscayne Boulevard Miami, FL 33138

It's a Hotel, it's a cool pool bar, it's a great hang out and the best revival of any MiMo architectural wonder you will see along the corridor. Kudos to the audacious woman who bet on it when she bought it from slumber and frankly wins in my book.



Yoga Veda Center

1316 NE 105th St Miami Shores, FL 33138

A well rounded center walking distance from Casa Della. Beautiful and warm to have you look forward to class practice.



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Love Life Wellness Center

584 NW 27th St FL 33127

Founders and old yogi friends Meghan, Nicolas and Veronica are making this place THE place to gather for good yoga vibes and healthy eats. Beautiful space and awesome energy.



Guarapo Organic Juice Bar

649 NE 79th St Miami, FL 33138

Another gem in the neighborhood across from Choices. Juicing is the word here. Organic is the underscore. Walk there and back and stop off by the bay to sip your greens.



Green Monkey

3301 NE 1st Ave Miami, FL 33137

I used to teach here some years back. A great large studio downstairs and smaller intimate space upstairs. No showers but a short drive and you are back home. You could even bike here. There is a nail bar next door and the de rigeur D Jones to cut your locks at Nue Studio around the corner.



NailBar and Beauty Lounge

3301 NE 1st Ave Miami, FL 33137

Everytime I have come here, and tho it has been a while since my last date here with my BFF for our girl time, I have loved it. I adore the little pods/eggs that you climb into with your bubbly and maybe even score a tablet to surf on in your little egg while your tootsies are being tended. It is not more expensive than any other nail salon offering the quality of product and ambiance as they do here. Of course there will always be days like this when someone is not up on top of their game, but the techies are so nice and good conversationalist ... hello... important when you sitting face to face for an hour!



CVS Pharmacy - Photo

591 NE 79th St Miami, FL 33138

Brand new in the shopping area across the Blvd, which belongs to the same holding as the Bal Harbour Mall further to north across the 123 Street Causeway. I digress. Close by and it stocks everything you need for your nails, hair, teeth, head, feet, skin, etc... They even have snacks here and develop photos... who does that anymore?



<http://developers.google.com/maps/usagelimits/>

Bikram Yoga Central Miami

5084 Biscayne Blvd Miami, FL 33137

Carrrie G (and her partner Vivi) are bad ass yogis and we go back to teacher training, who doesn't bond over that? She has a lovely studio in this strip mall, right next to Bhoom Shanti and offers a host of hot steamy yoga, steam baths, massage, retail and juice bar. One Stop Sweat Shop.



Clean Start Total Body Cleansing

6901 Biscayne Blvd Miami, FL 33138

A beautiful, clean and friendly cleansing spa, with several service to detox and self-cleansing beds in private rooms for comfort. The time I went in they were giving yoga classes there too. Definitely a great place if you are wanting a real detox deal.



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Better Living Clinic

81 NE 82nd Terrace Miami, FL 33138

I don't know this place, but will check it out soon. What they have to say: Specialties Colon Hydrotherapy, message therapist, nutritional counseling, weight management, health seminars History Established in 1987. Upon moving to Miami, Fl from Haiti, Gide Pierre realized that there was a need for a health center that focused on alternative methods. He and Carmeline Pierre over came the hurdles of mastering a new language, completing the necessary training, and all the hoops of opening a new business. Better Living Clinic opened its doors in May of 1988. Since then, the clinic has served over 20, 000 clients.



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ABB American Brazilian Body Waxing

6815 Biscayne Blvd Miami, FL 33138

I don't wax myself, but if you do you might want to try the Brazilian Wax product. ABB provides Unisex Full Body, Brazilian Bikini Wax and Eyebrow Shaping in Miami. Ok, I don't have a personal relationship with them, but you might.



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Blo Blow Dry Bar - Midtown

Miami, FL 33137

One of the first blow out bars in the area and a great one to go to for a quick blo job :) long or short hair, just straight out blow outs.



Legion Park Bayside

675 Northeast 64th Terrace Miami, FL 33138

Such a great park to stroll, visit the seasonal Farmer's market and hang out by the bay with direct access. They have city bike rentals here too. A great afternoon hang out with the kiddos.



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The Electric Pickle Company

2826 North Miami Avenue Miami, FL 33127

This place is also an iconic spot in Wynwood. It set up shop here in 2009 I want to say and features hot DJs of the moment in electronica. Outdoor handing out in the back, deep space to throw your hands in the air and dance your Molly off.



<http://developers.google.com/maps/usagelimits/>

Bayside Marketplace

401 Biscayne Blvd Miami, FL 33132

It started up here years before DWNTWN even had a chamber of commerce that is how long ago it bet on this area being relevant. It has boat tours that leave from here, shops that emulate a world market place, Hard Rock Cafe is here and a bajillion other restaurants and places to dance your salsa off. Must experience just once at least.

